



## **Addendum: Protocols for COVID-19 Cases and Close Contacts Summer 2024**

These protocols are based on the COVID-19 Isolation and Quarantine Guidance for Children in Child Care, K-12, Out-of-School Time (OST) and Recreational Camp/Program Settings. These protocols will continue to be updated based on policy changes as well as state and local health metrics.

Any camper who has tested positive for COVID-19 must call their pediatrician's office for a pre-participation screen after COVID-19 for physical activity. A clearance note from the pediatrician is required to return to camp activities that involve physical activity. It is up to the pediatrician whether the student needs to be seen in office or can be cleared with a telemed visit.

### **Section 1: COVID-19 symptoms and definition of a close contact**

#### **COVID-19 symptoms:**

- **Fever (100.0° Fahrenheit or higher), chills, or shaking chills**
- **Difficulty breathing or shortness of breath**
- **New loss of taste or smell**
- **Muscle aches or body aches**
- Cough (not due to other known cause, such as chronic cough)
- Sore throat
- Nausea, vomiting, or diarrhea
- Headache, when in combination with other symptoms
- Fatigue, when in combination with other symptoms
- Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms

If staff or campers have any of these symptoms, they must call the Health Staff or Healthcare Supervisor for further instructions before arriving to camp. We ask that individuals please stay home if they have any of the above symptoms.

Those with the above symptoms in bold will be required to be tested with a PCR test, regardless of vaccination status. Individuals with a mild symptom may be considered for testing using a rapid antigen test. Mild symptom refers to any single non-bolded symptom from the list above. If a symptom is severe, even if isolated, it would not be considered a mild symptom.

Individuals with very mild symptoms who test negative on a rapid antigen test in the health office can remain at camp

## Close Contacts/COVID-19 Exposure

Close contacts include any individuals who have been within 6 feet of a COVID-19 positive individual while indoors, for at least a cumulative total of 15 minutes during a 24-hour period. At risk exposure time begins 48 hours prior to symptom onset (or time of positive test if asymptomatic) and continues until the time the COVID-19 positive individual is isolated.

Close contacts who were exposed to a COVID-19 positive individual outdoors do not need to quarantine unless they become symptomatic.

## Section 2: Recommended testing and quarantine response protocols

### *Protocol A: For individuals who test positive*

- When an individual tests positive for COVID-19, they will be required to isolate for 5 days (day 0 is the date of positive test or development of symptoms, whichever comes first) and may return to camp on day 6 if they meet 3 criteria\*):
  - Fever-free for 24 hours (without taking fever-reducing medications)
  - Asymptomatic for 24 hours
  - Negative rapid antigen test at camp on the morning of day 6
- If the camper doesn't meet the criteria to return on day 6, then they will have the opportunity to return on day 8 or day 10 if they meet the criteria at that time.

\*Note: It is important to note that return to camp may be delayed due to persisting symptoms and/or testing positive with a rapid antigen test. If the camper is not able to meet the criteria listed above at days 6/8/10, then they may return to camp on day 11 without additional testing.

### *Protocol B: For asymptomatic close contacts*

- Asymptomatic close contacts, regardless of vaccination status, will be able to attend camp, but required to do a rapid test at home on days 2 and 5 after last exposure. In addition, close contacts should conduct active monitoring for symptoms through day 10, inform the health office of any symptoms, and self-isolate at home if symptoms develop.

\*Note: If an individual develops symptoms during the 10 days following initial exposure, they should follow the protocol for symptomatic individuals (Protocol C). If an individual tests positive at any time, they should follow the protocol for individuals who test positive for COVID-19 (Protocol A).

### *Protocol C: For symptomatic individuals*

- Protocol C-1: Return to camp post-symptoms with test
  - Individuals may return to camp if they meet the following criteria:
  - Negative COVID-19 test as outlined in Section 1
  - Symptoms are significantly improved or have resolved
  - Fever-free for at least 24 hours without the use of fever-reducing medications